

RSV in hematology patients: disease burden and prevention

ANZTCT Lunch 'n' Learn

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31 August 2026

Today's Agenda

Introduction

Presentation – *Dr. Tina Marinelli*

Fireside Chat – *Prof. Andrea Henden
(Facilitator)*

Safety Reminders

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Our Speaker

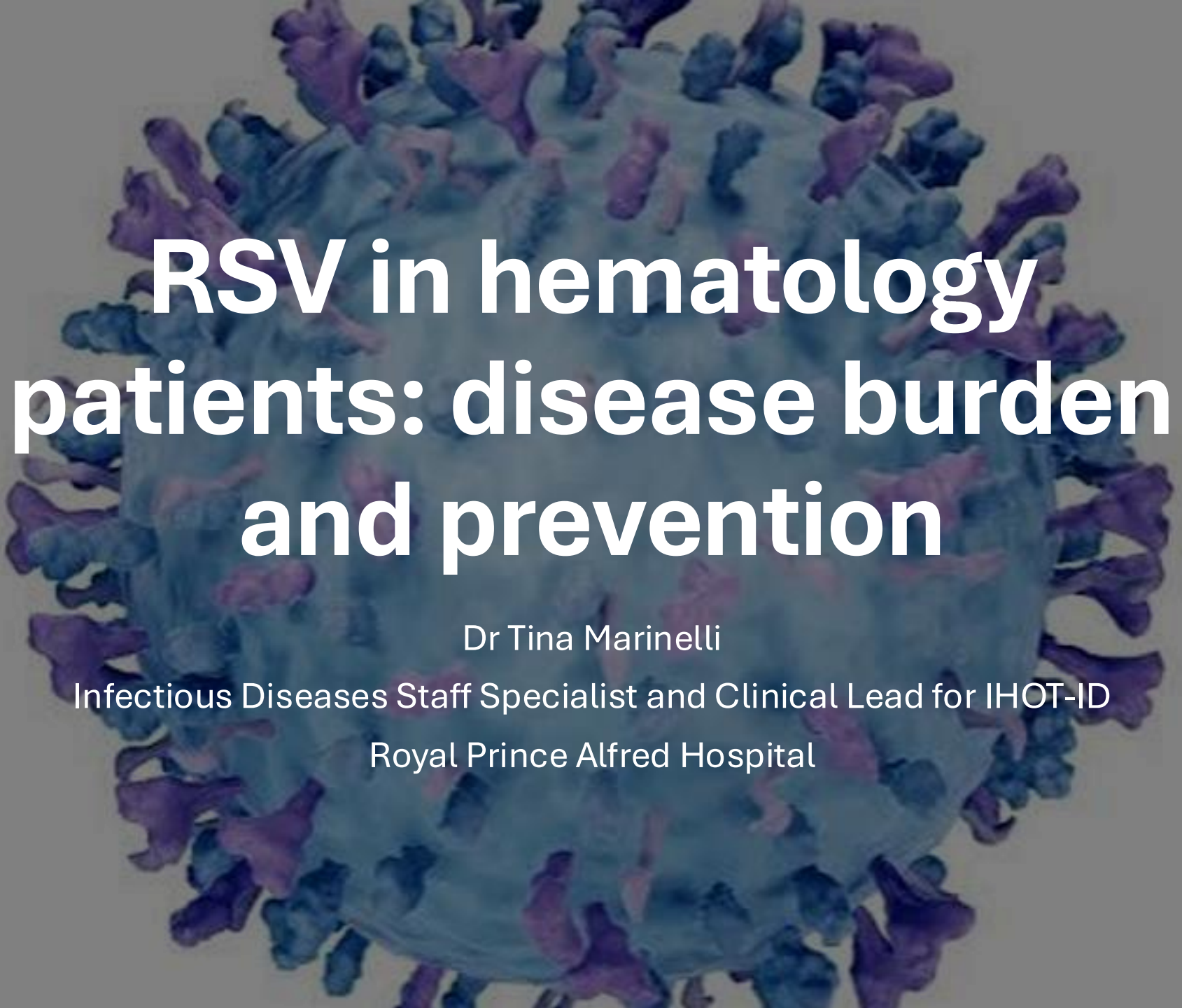


Tina Marinelli

Dr Tina Marinelli is an infectious diseases staff specialist at RPA, Sydney, where she leads the immunocompromised infectious diseases service.

She is the incoming chair of the Transplant Society of Australia and New Zealand Transplant Infectious Diseases Special Interest Group and a Senior Clinical Lecturer at the University of Sydney.

She is involved with writing guidelines for several national and international societies and her research interests focus on prevention of infection in immunocompromised hosts.



RSV in hematology patients: disease burden and prevention

Dr Tina Marinelli

Infectious Diseases Staff Specialist and Clinical Lead for IHOT-ID

Royal Prince Alfred Hospital

Disclosures

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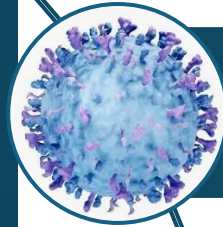
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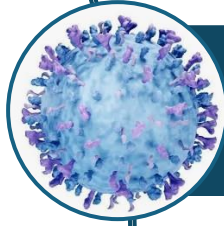
- Takeda – consultancy + speaker honoraria
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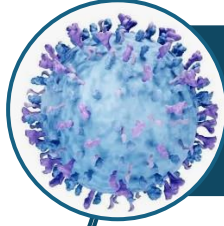
Overview



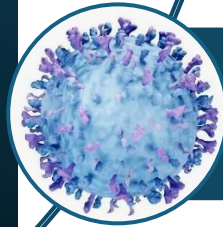
Community acquired respiratory viruses (CARVs)
- epidemiology



RSV and other CARVs in hematology

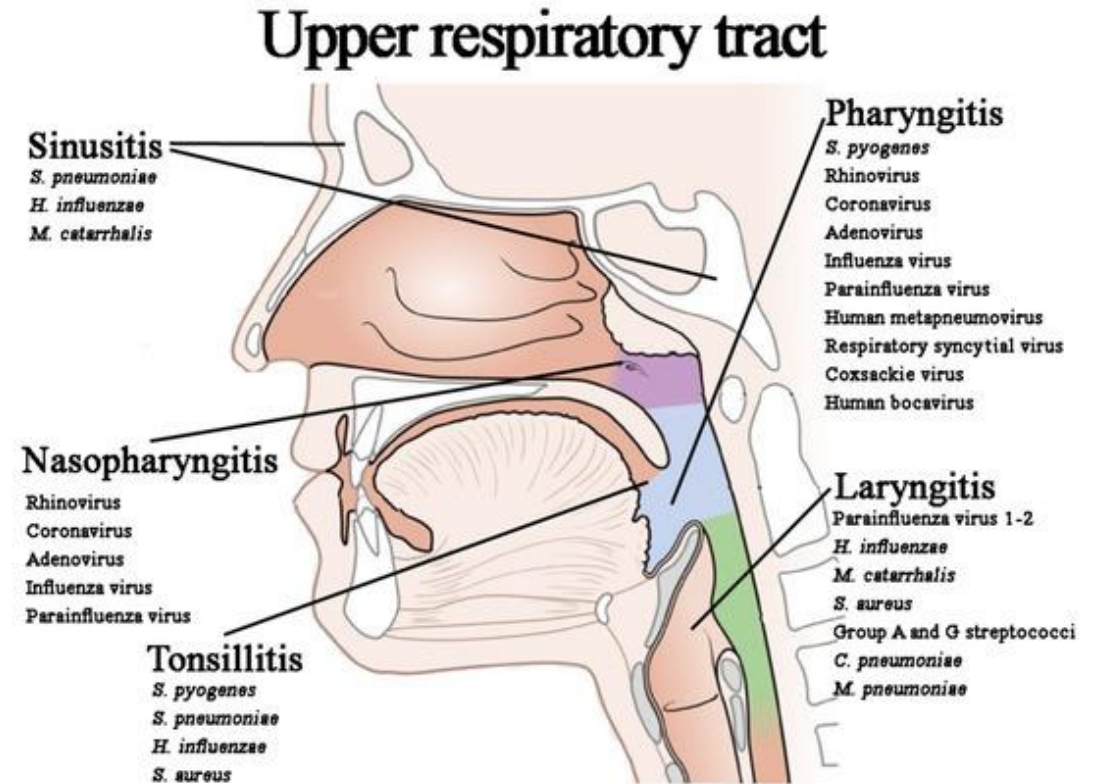
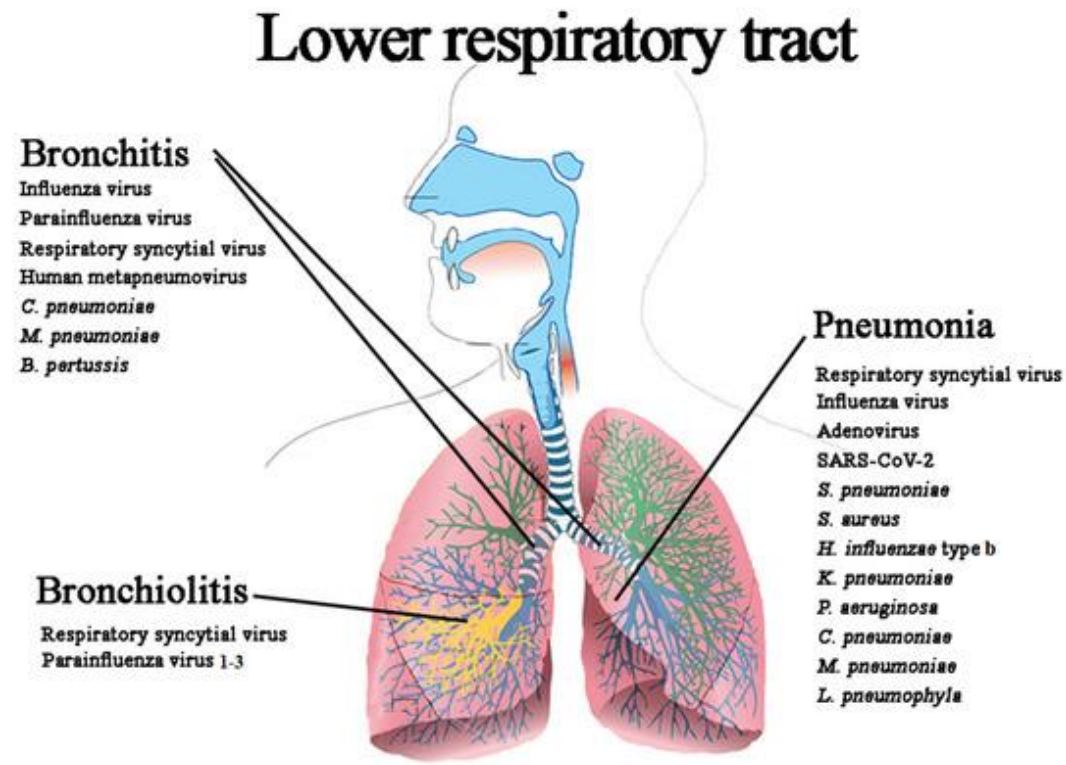


Treatment of RSV



Prevention of RSV - vaccination

Respiratory pathogens



Influenza vs RSV vs other community acquired respiratory viruses (CARV)

Symptoms	COLD	FLU	RSV
Cough	✓	✓	✓
Blocked or runny nose	✓	✓	✓
Fever	Sometimes	✓	✓
Sore throat	✓	✓	
Body ache		✓	
Headache	✓	✓	
Diarrhoea or vomiting		✓	
Feeling hot or cold		✓	
Shivering		✓	
Red eyes	✓		
Fatigue		✓	
Wheezing			✓
Seizures		Rare	
Earache		✓	
Complications	Most children will not have complications from a cold	Symptoms can be more severe than a cold	Can cause severe illness such as bronchiolitis or pneumonia

No pathognomonic clinical syndrome thus laboratory testing is crucial to allow early intervention and/or treatment

CARV diagnostics, then and now

Traditional/early methods

Viral culture

Direct fluorescent antibody testing



The molecular revolution

PCR

- Single-plex
- Multiplex
- Real-time



Decentralization and genomic surveillance

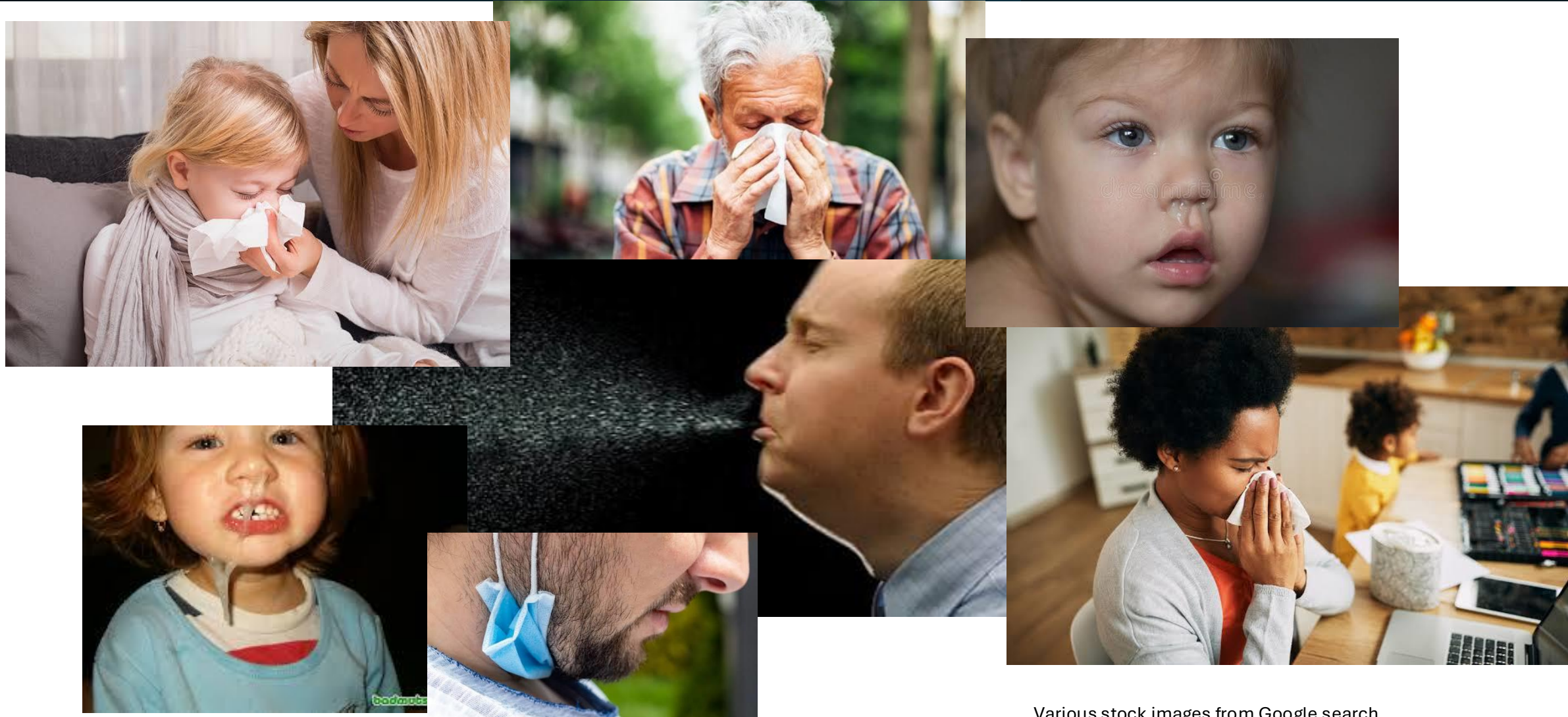
Point of care testing

In home testing

Next generation sequencing



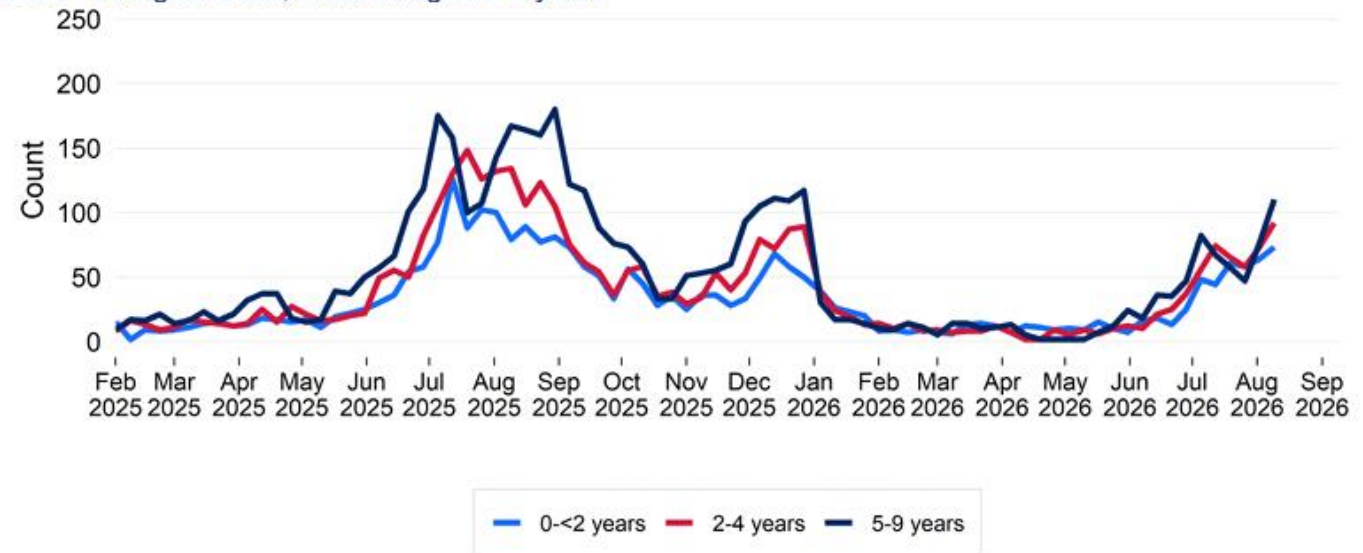
CARVs are unavoidable



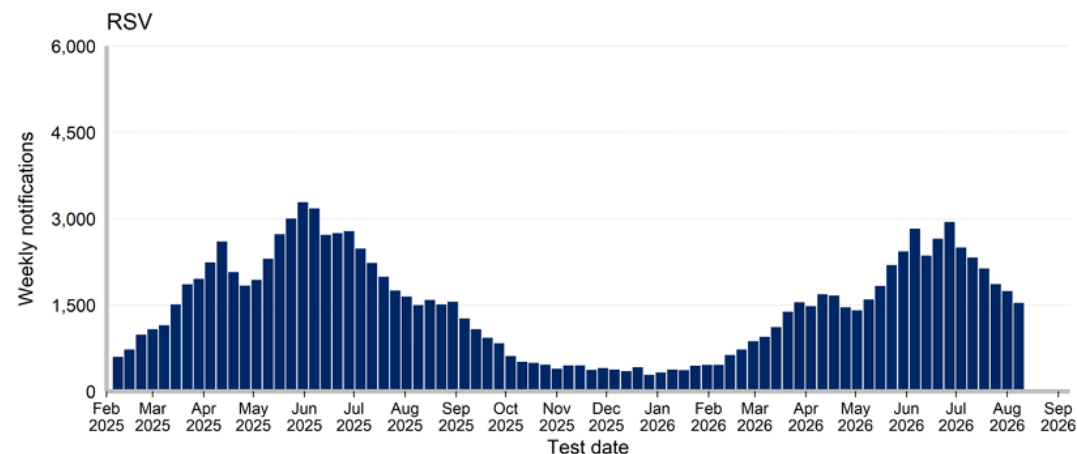
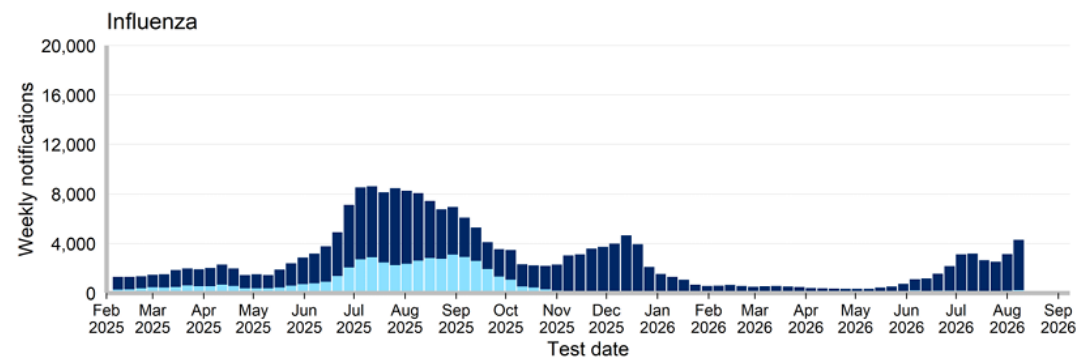
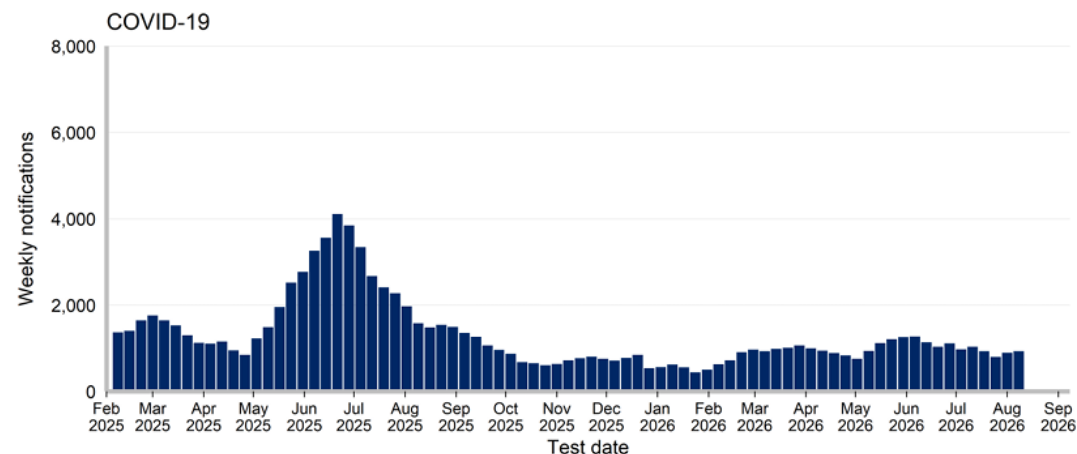
Various stock images from Google search

‘Influenza-like illness’

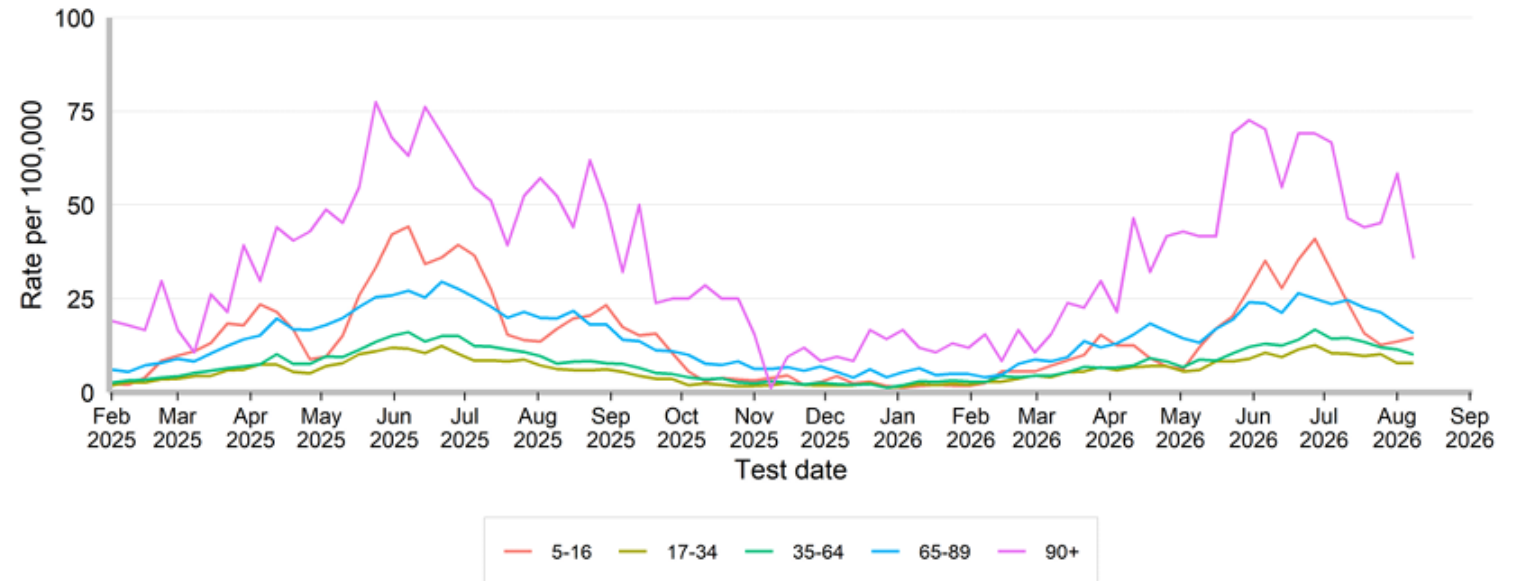
Figure 3. ‘Influenza-like illness’ weekly counts of unplanned emergency department (ED) presentations, 1 February 2025 - 9 August 2026, children aged 0-9 years



Epidemiology of CARVs in NSW

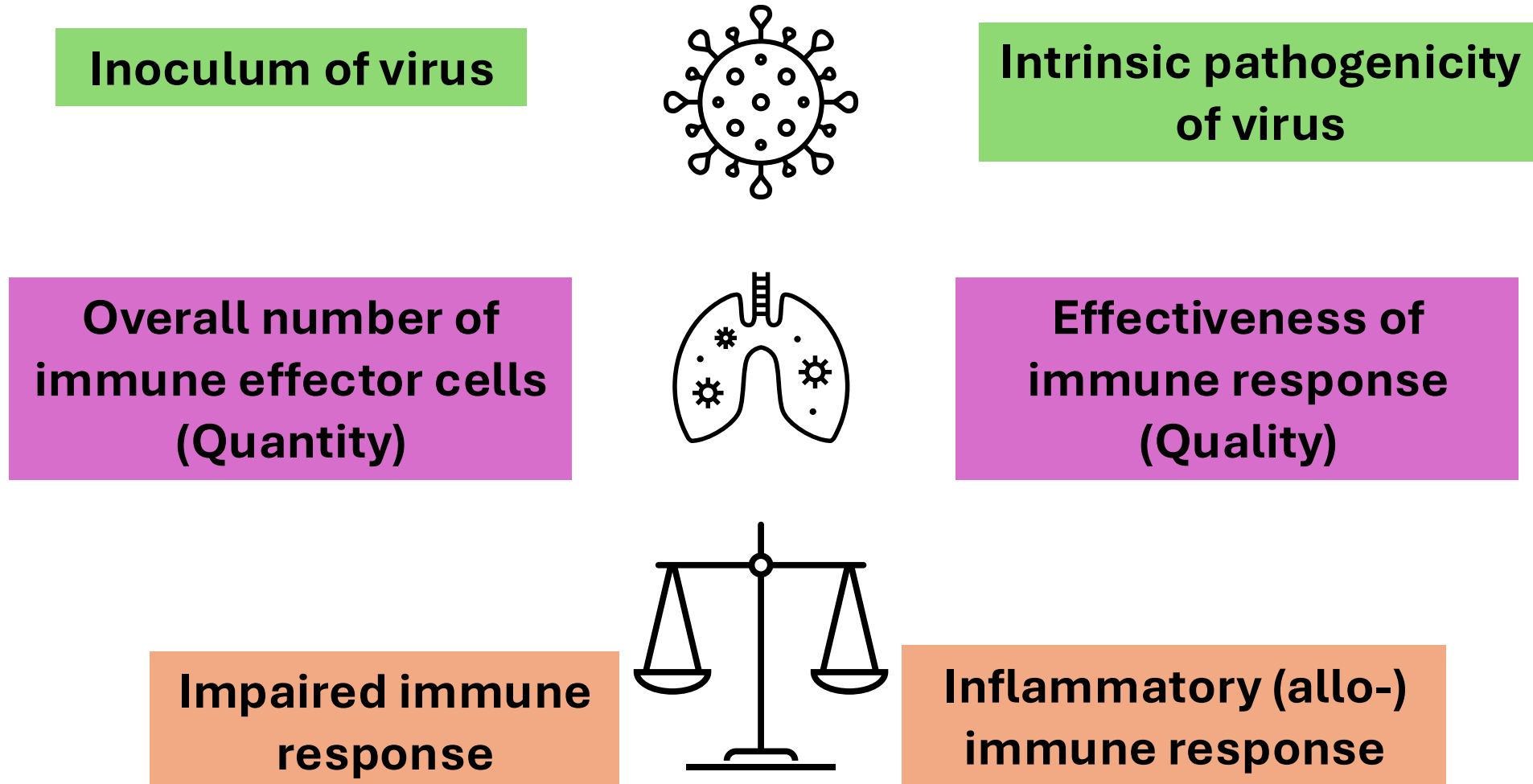


Rates of RSV across age groups

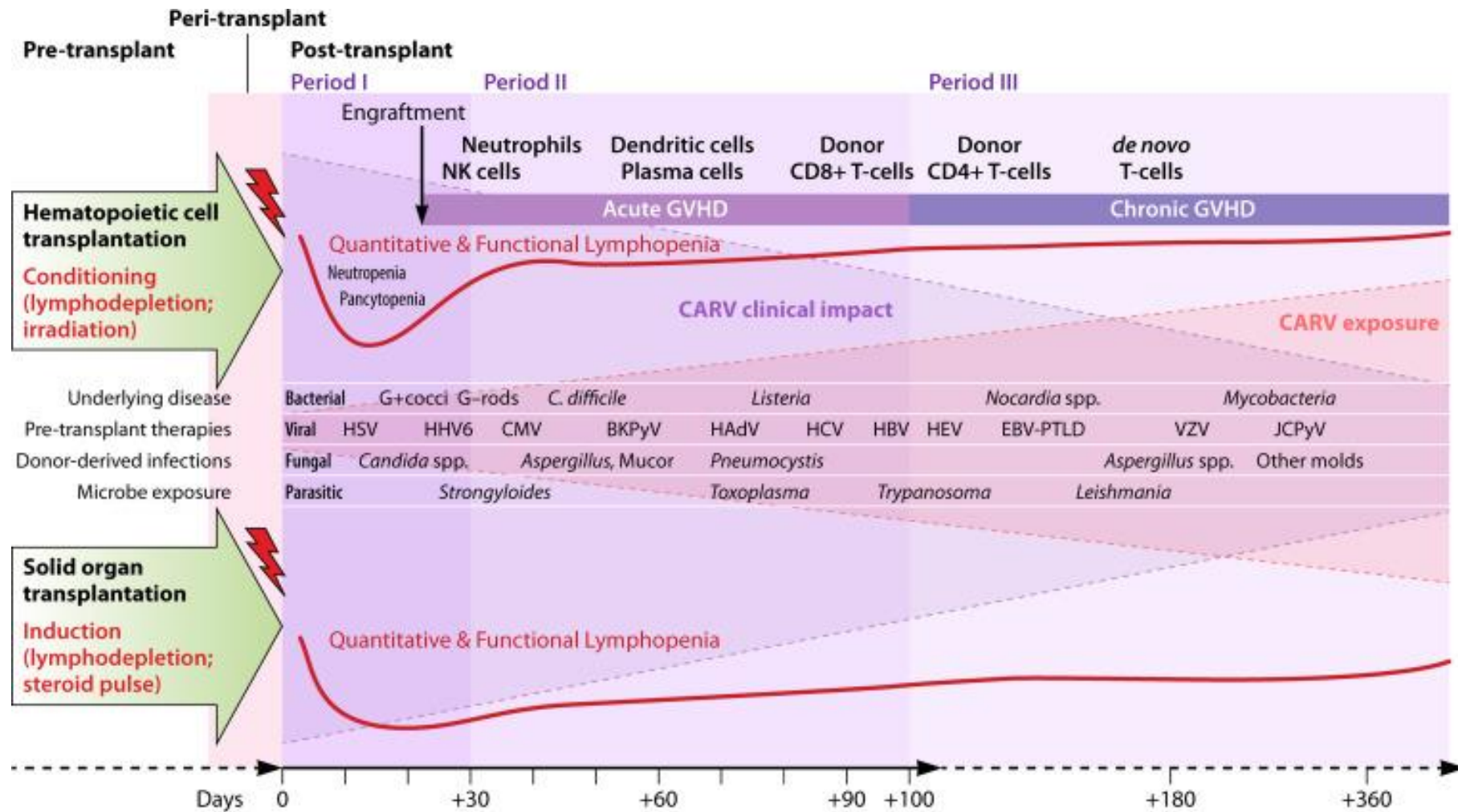


RSV epidemiology in hematology patients mirrors the general population

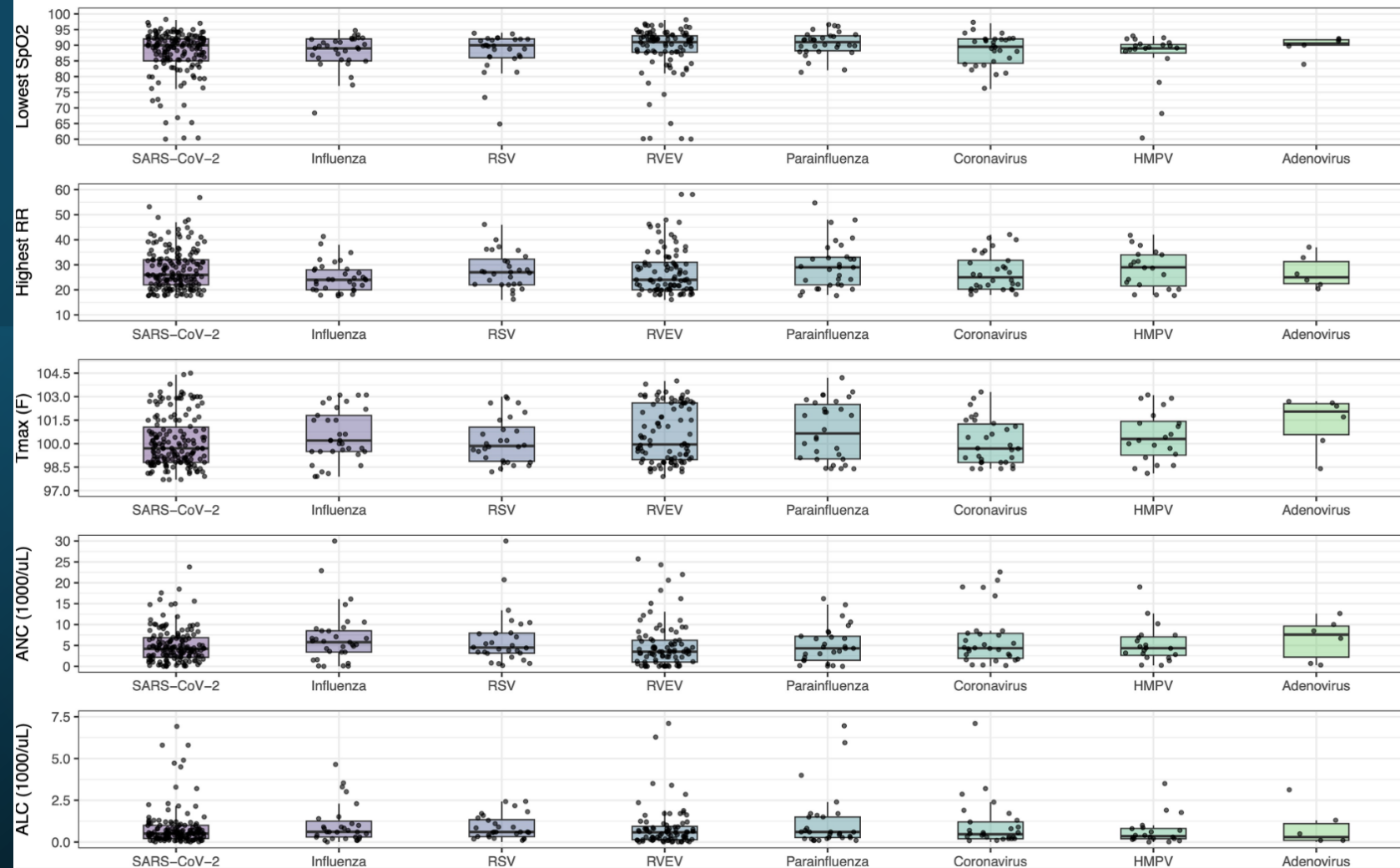
CARVs in the ICH: a delicate balance between immune control of virus and immune stimulation



Impact of CARV infection in immunocompromised hosts



CARV in hematology patients



No pathogen-specific differences in initial presentation

Management of RSV

	SARS-CoV-2 (n=162)	Influenza (n=33)	RSV (n=28)	Rhino- enterovirus (n=92)	Parainfluenza (n=30)
Antivirals	53%	85%	36%	0%	0%
Antibiotics	60%	67%	61%	64%	73%
Corticosteroids	61%	27%	36%	33%	17%

Risk of progression of RSV to lower respiratory tract infection in HCT recipients is 30-60%

Immune cell parameters*

- **Neutropenia**
<500 cells/mL
- **Lymphopenia**
<200 cells/mL

HCT factors

- **HCT <1 year**
- **Myeloablative chemotherapy**
<1 year
- **GVHD**
- **Steroid use**
- MUD HCT
- Prior auto-HCT
- Cord blood HCT

Patient factors

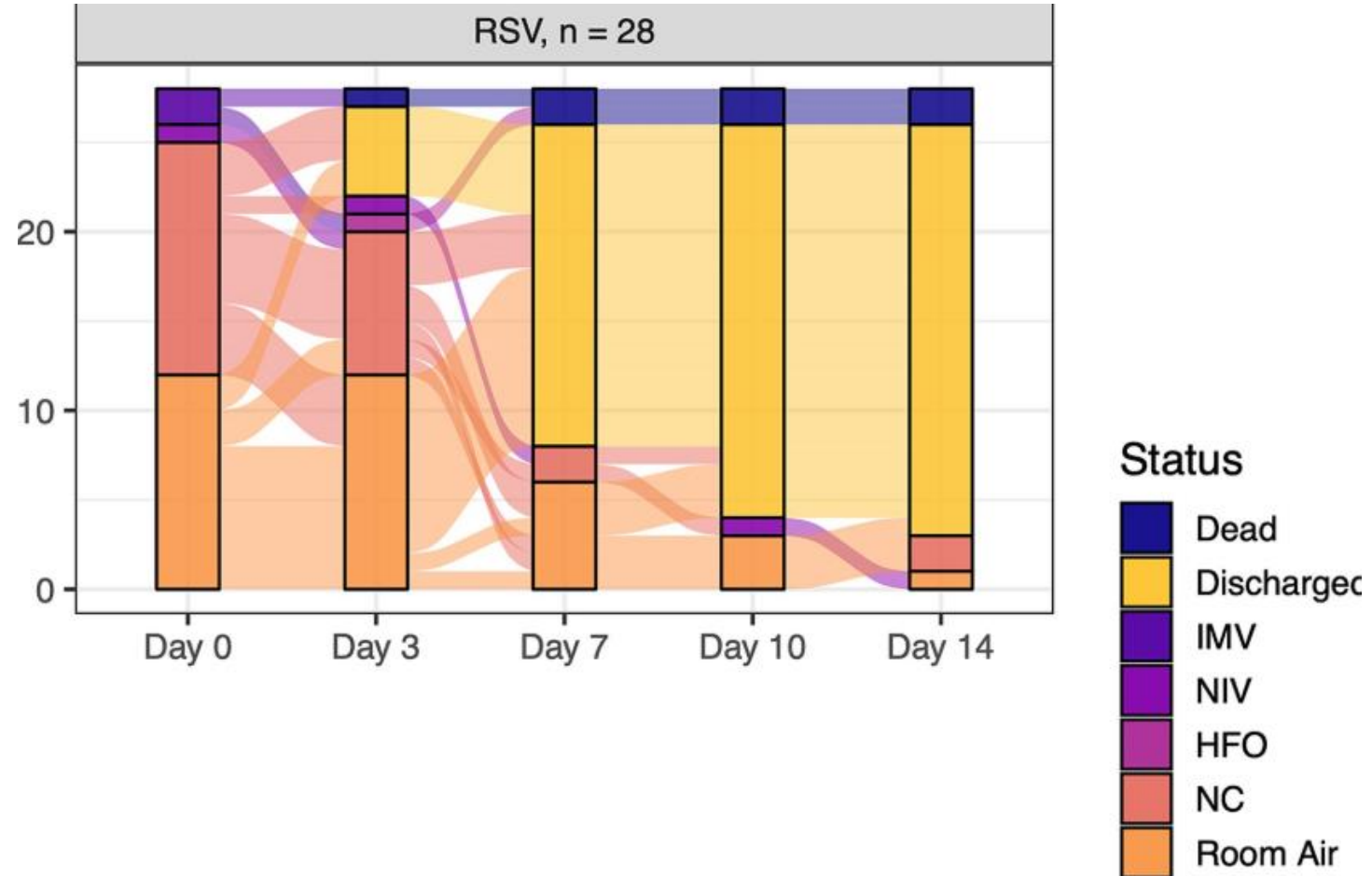
- **>40 years**
- Smoker
- Nosocomial infection

Red = components of the Immunodeficiency Scoring Index

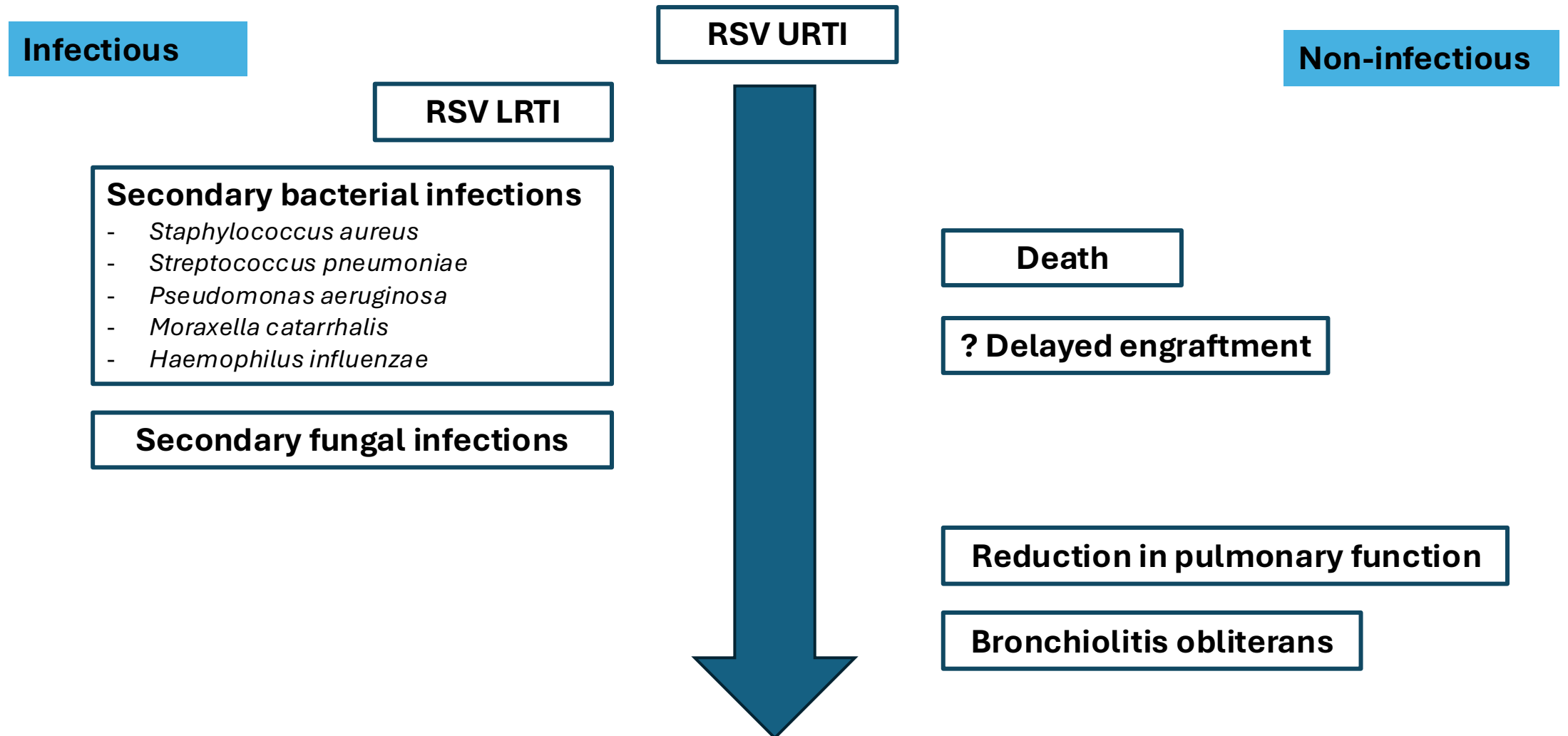
CARV – Patient Outcomes

	SARS-CoV-2 (n=162)	Influenza (n=33)	RSV n=28)	Rhino- enterovirus (n=92)	Parainfluenza (n=30)
ICU admission	27%	36%	21%	28%	33%
High flow oxygen	20%	18%	7.1%	8.7%	17%
Non-invasive ventilation	15%	27%	18%	14%	30%
Invasive ventilation	14%	15%	11%	8.7%	10%
Death	15%	15%	11%	7.6%	0%
Discharge to hospice	3.1%	0%	0%	22%	3.3%

RSV severity over time

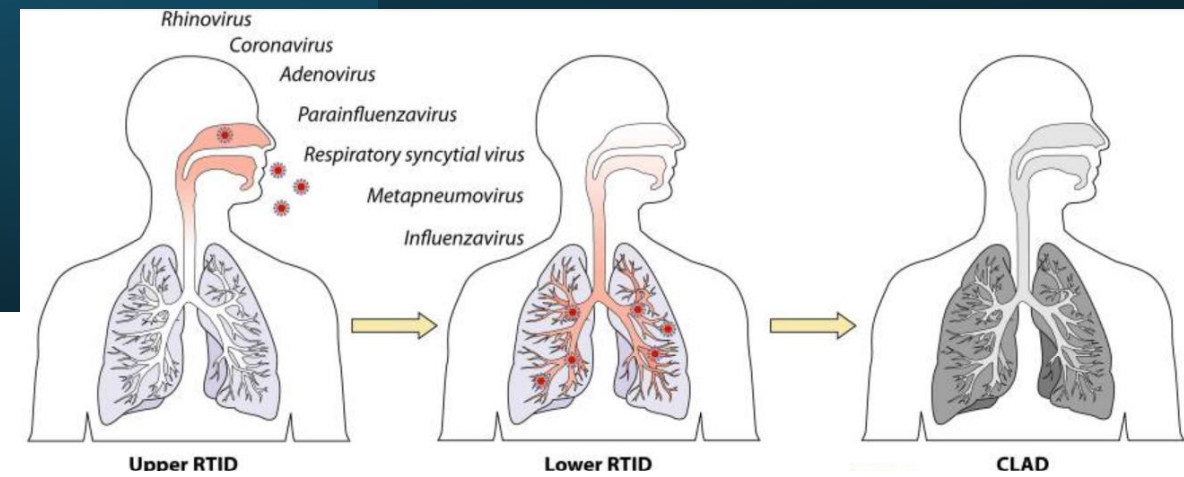


RSV complications

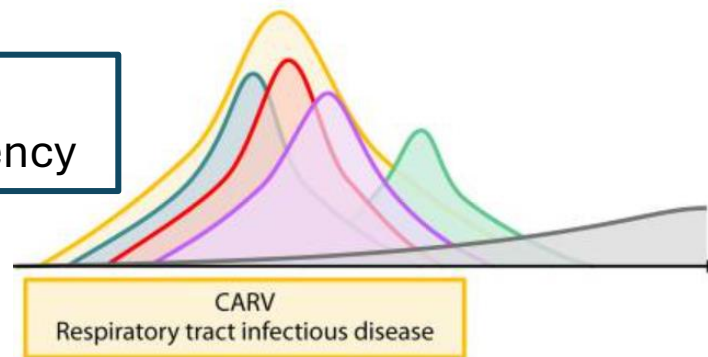


Is it the CARV or the immune system that causes lung damage?

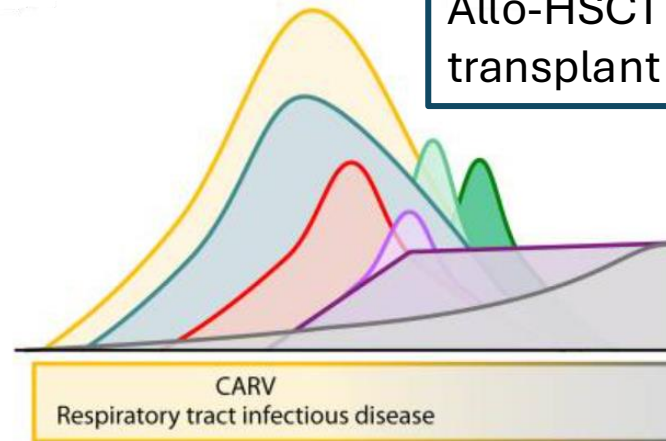
Relative level and intensity of direct CARV cytopathology and adaptive immune response



No/moderate immunodeficiency



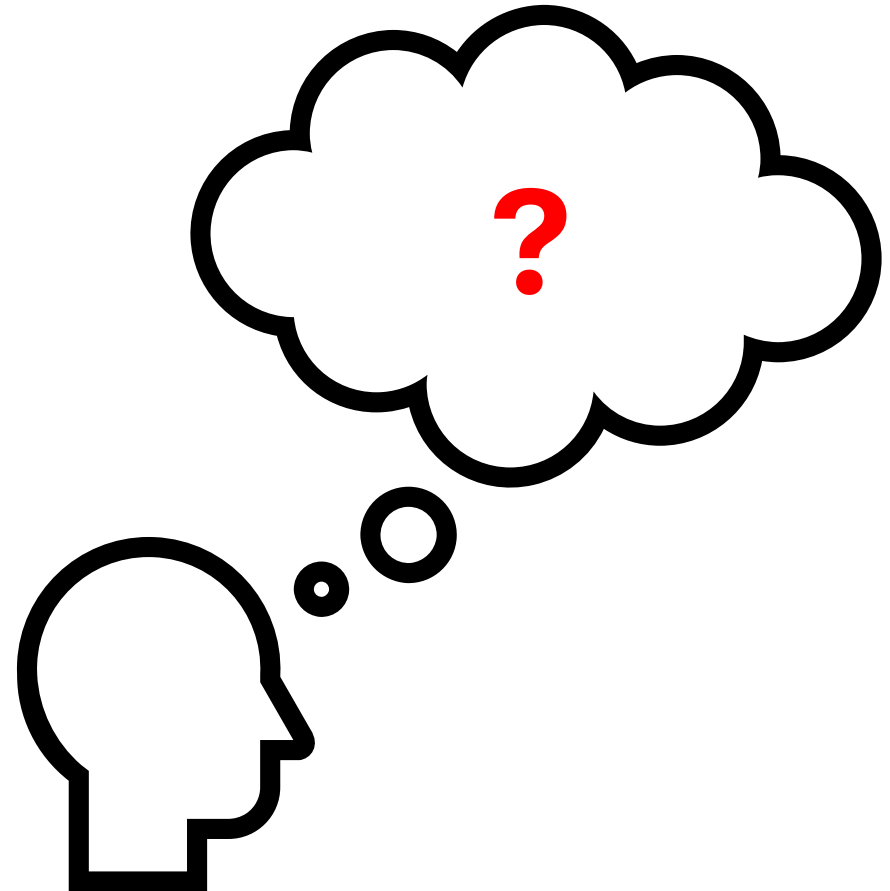
Allo-HSCT / Lung transplant



- CARV (respiratory tract infectious disease)
- Cytopathology/Direct virus damage
- Inflammation/"innate immunity"/Alarm and initial containment
- Inflammation/"adaptive immunity"/Antigen clearance
- Bacterial superinfection
- Fungal superinfection
- Rejection: Acute-Chronic (BOS/CLAD)
- Fibrosis

RSV treatment

- No large, prospective RCTs
- Agents used:
 - Ribavirin (PO/IV)
 - Standard IVIg
 - High-titre RSV IVIg
 - Palivizumab



RSV-specific treatments in hematology patients

Current ECIL recommendations

Pre-/post-exposure prophylaxis

- Ribavirin should not be used

Systemic ribavirin for RSV in HSCT

- Can be considered if high risk of progression (BIIu)
- Don't use if low risk of progression

Aerosolized ribavirin

- Can be considered (BIIu)
- +++ logistical and toxicity considerations

Adjunctive measures

- IVIg can be considered in those with high risk of progression or hypogammaglobulinemia
- Corticosteroids >1mg/kg has been associated with poorer outcomes

Prevention of RSV

Pathogen avoidance

- Single rooms + other infection control measures
- Strict management of sick hospital staff
- Mask wearing
- Avoidance of visitors

Passive immunisation

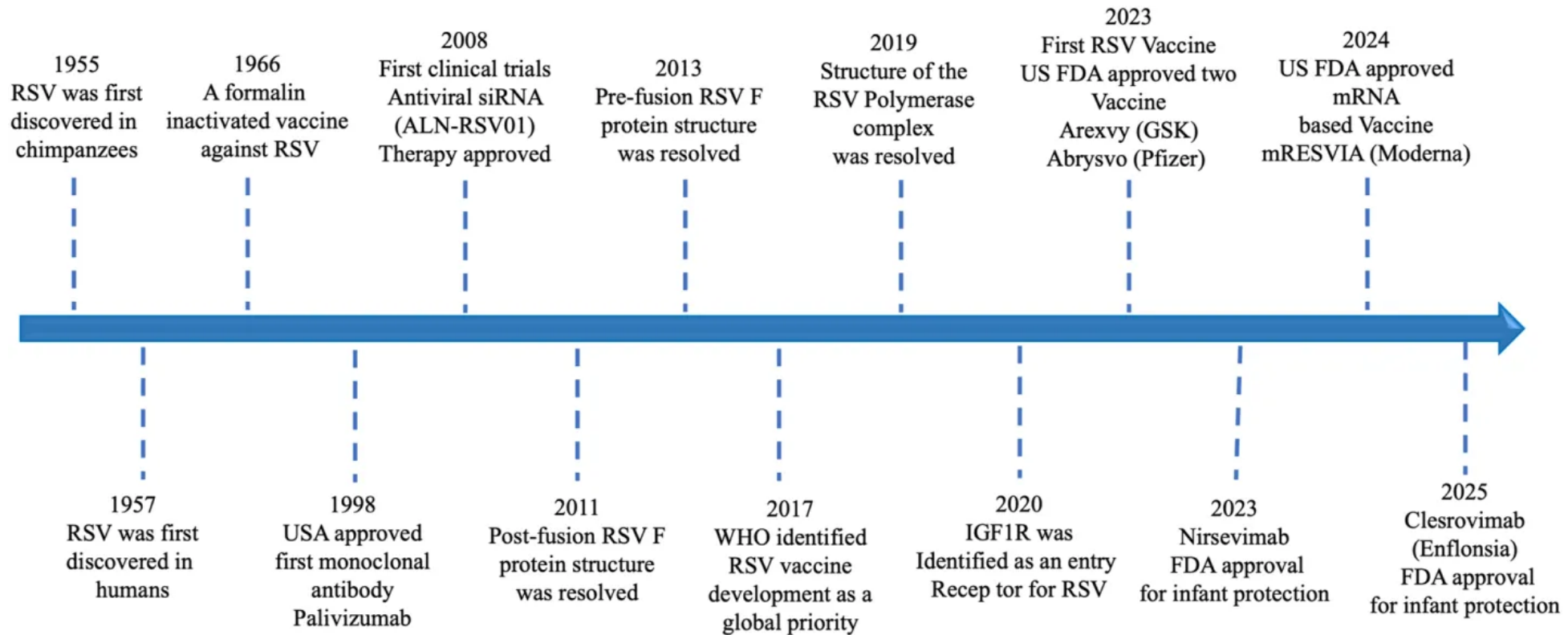
- Pre-exposure prophylaxis for children <2y/o
 - Palivizumab (short-acting)
 - Nirsevimab (long-acting)

Active immunisation

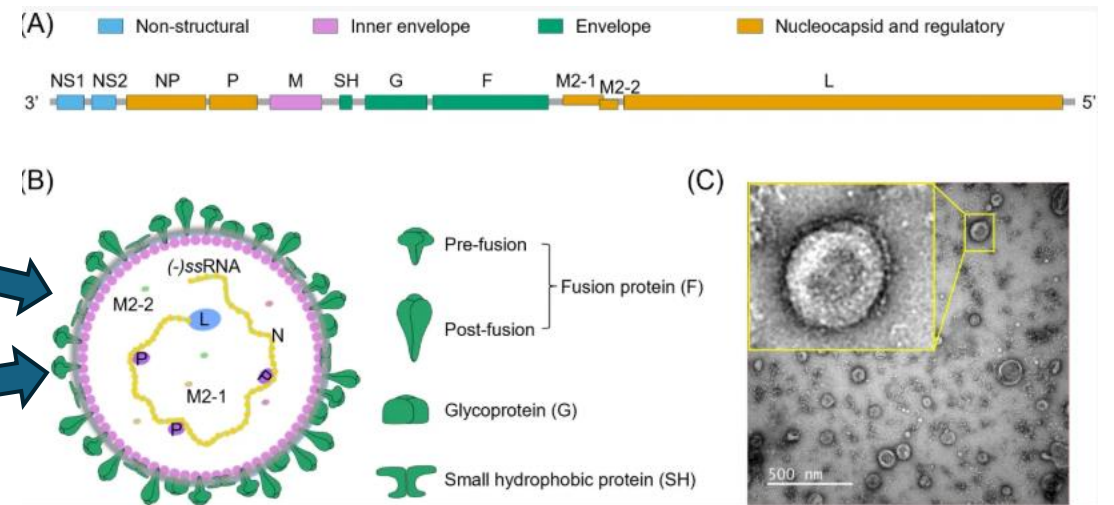
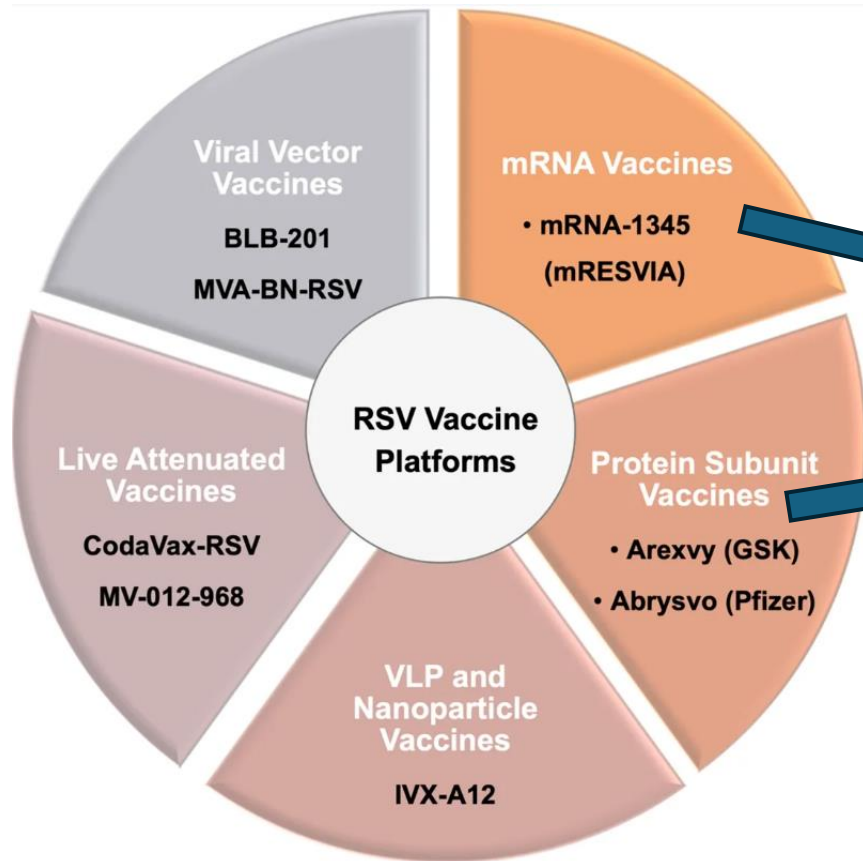
- Abrysvo (RSVpreF; Pfizer) (Pregnant Women, ≥ 60 years)
- Arexvy (RSVPreF3OA; GSK) (High-risk 50-59 years, ≥ 60 years)

Refer to the Australian Immunisation Handbook for full details

Why has it taken so long to develop an RSV vaccine?



RSV Vaccines



The RSV vaccine landscape in Australia

AIH recommends RSV Vaccination:

- Pregnant women to protect their newborn infant
- All people aged ≥ 75 years and Aboriginal and Torres Strait Islander people aged ≥ 60 years
- People with medical risk factors for severe RSV disease aged ≥ 60 years.

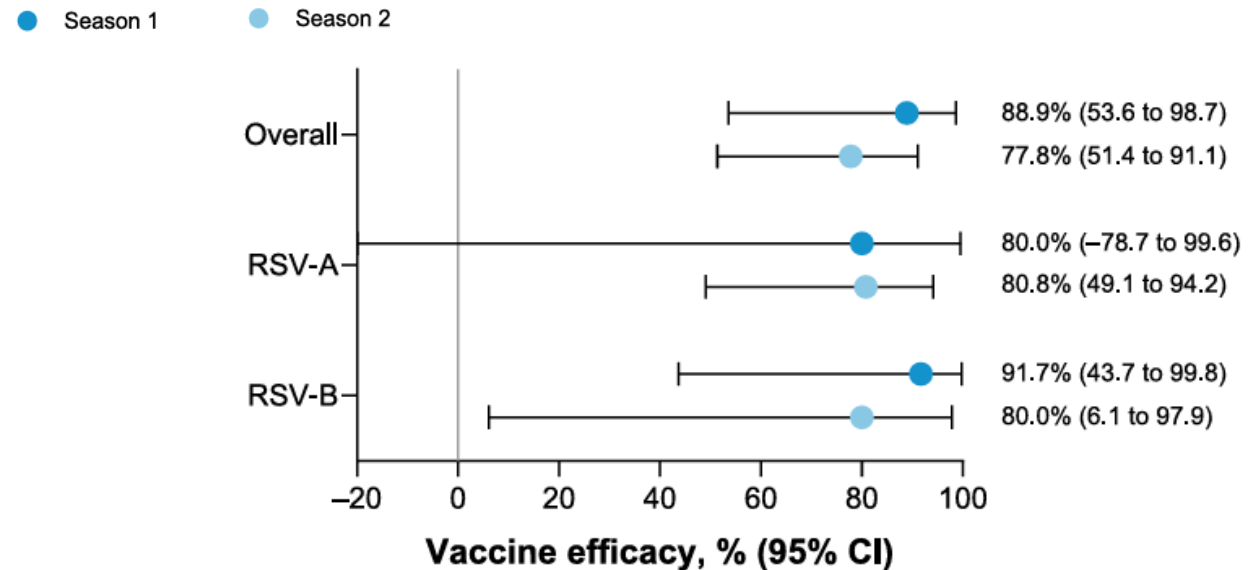
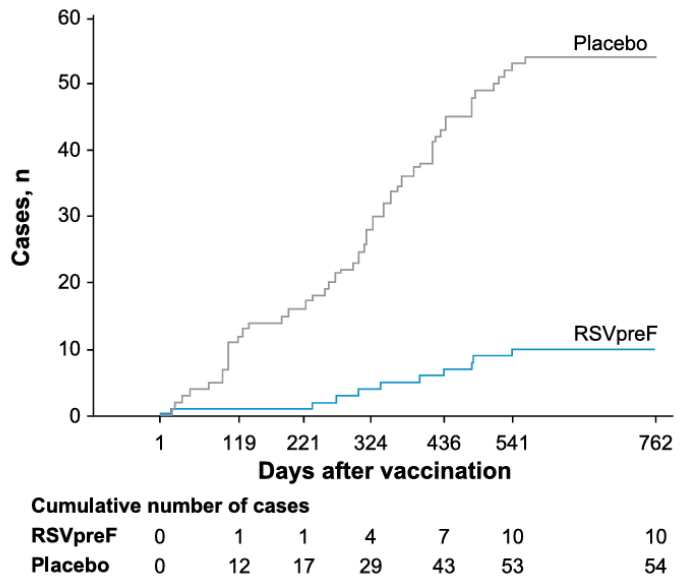
Vaccine	Approval Date	TGA approval	NIP funding
Arexvy (GSK)	January 2024	≥ 60 years 50 to 59 years who are at increased risk for RSV infection	All adults ≥ 75 y/o ATSI ≥ 60 y/o
Abrysvo (Pfizer)	March 2024	≥ 60 years* Pregnant women 24-36 weeks gestation	Pregnant women

RSV Vaccine RCTs in older adults

	RENOIR (Abrysvo)	AReSVi-006 (Arexvy)
Design	Phase 3, multicentre, randomized, double blind, placebo-controlled	Phase 3, multicentre, randomised, placebo-controlled, observer-blind
Inclusion	≥60, healthy/stable medical conditions	≥60, healthy/stable medical conditions
Exclusion	Immunocompromised persons (apart from stable HIV)	Immunocompromised persons
Intervention	1:1 vaccine or placebo	1:1 to vaccine or placebo
Primary outcome	<u>Efficacy:</u> prevention of 1 st RSV-LRTI in the 1 st season post-vaccination <i>Vaccine efficacy against seasonal RSV-associated lower respiratory tract illness with at least two or at least three signs or symptoms</i>	<u>Efficacy:</u> prevention of 1 st RSV LRTI in the 1 st season post-vaccination <i>Vaccine efficacy against RSV-related lower respiratory tract disease defined as at least two lower respiratory symptoms or signs or at least three lower respiratory symptoms lasting for at least 24 hours</i>
Secondary outcomes	<u>Efficacy:</u> prevention of first RSV-LRTI in 2 nd season post-vaccination <u>Immunogenicity:</u> RSV preF-elicited immune responses	<u>Efficacy:</u> prevention of RSV-LRTI over 3 seasons following a single dose and two doses (2 nd dose given 12 months after first)

RENOIR (Abrysvo)

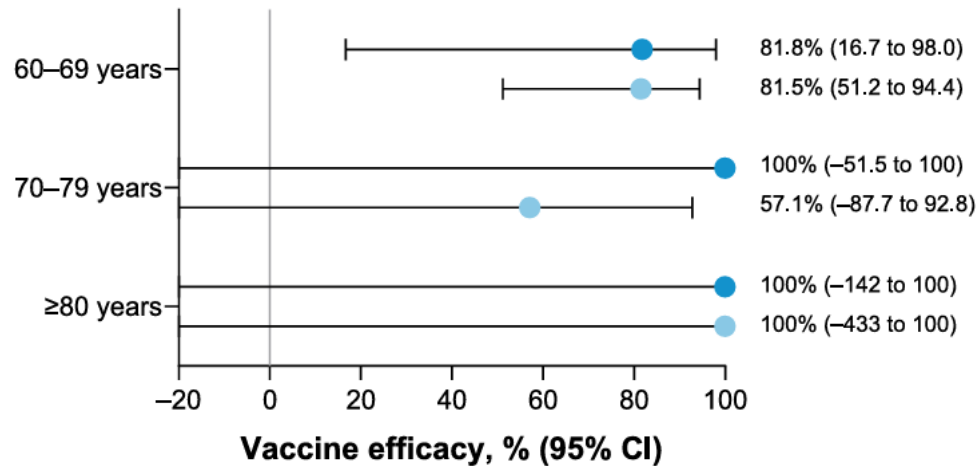
- August '21 – December '23
- 36,862 participants
- Median age 67 y/o
- 52% had $\geq$ high risk condition



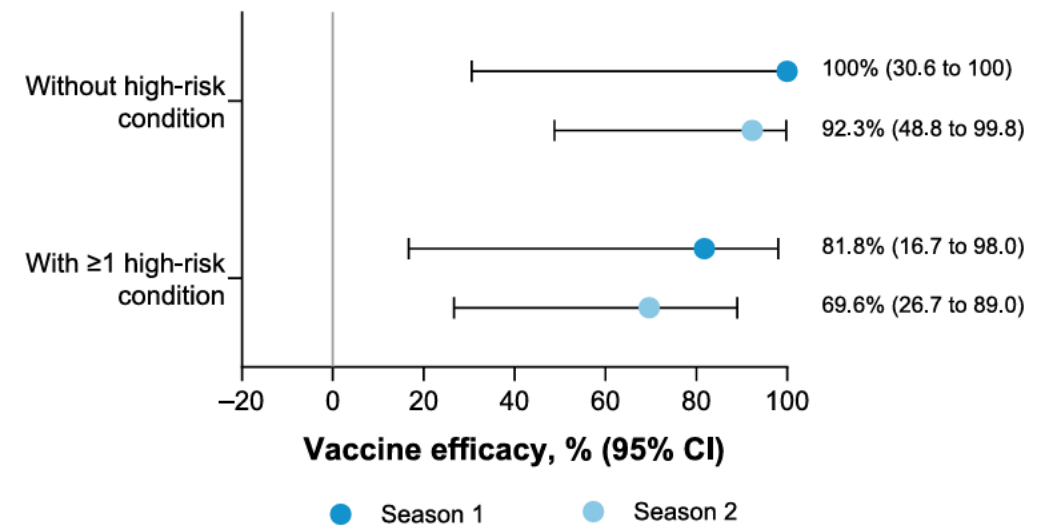
Cumulative distribution curve of lower respiratory tract illness associated with respiratory syncytial virus (RSV-LRTI) cases with ≥ 3 symptoms through 2 RSV seasons

RSVpreF effectively prevented the first RSV-LRTI episode with ≥ 3 symptoms throughout 2 seasons

RENOIR (Abrysvo)



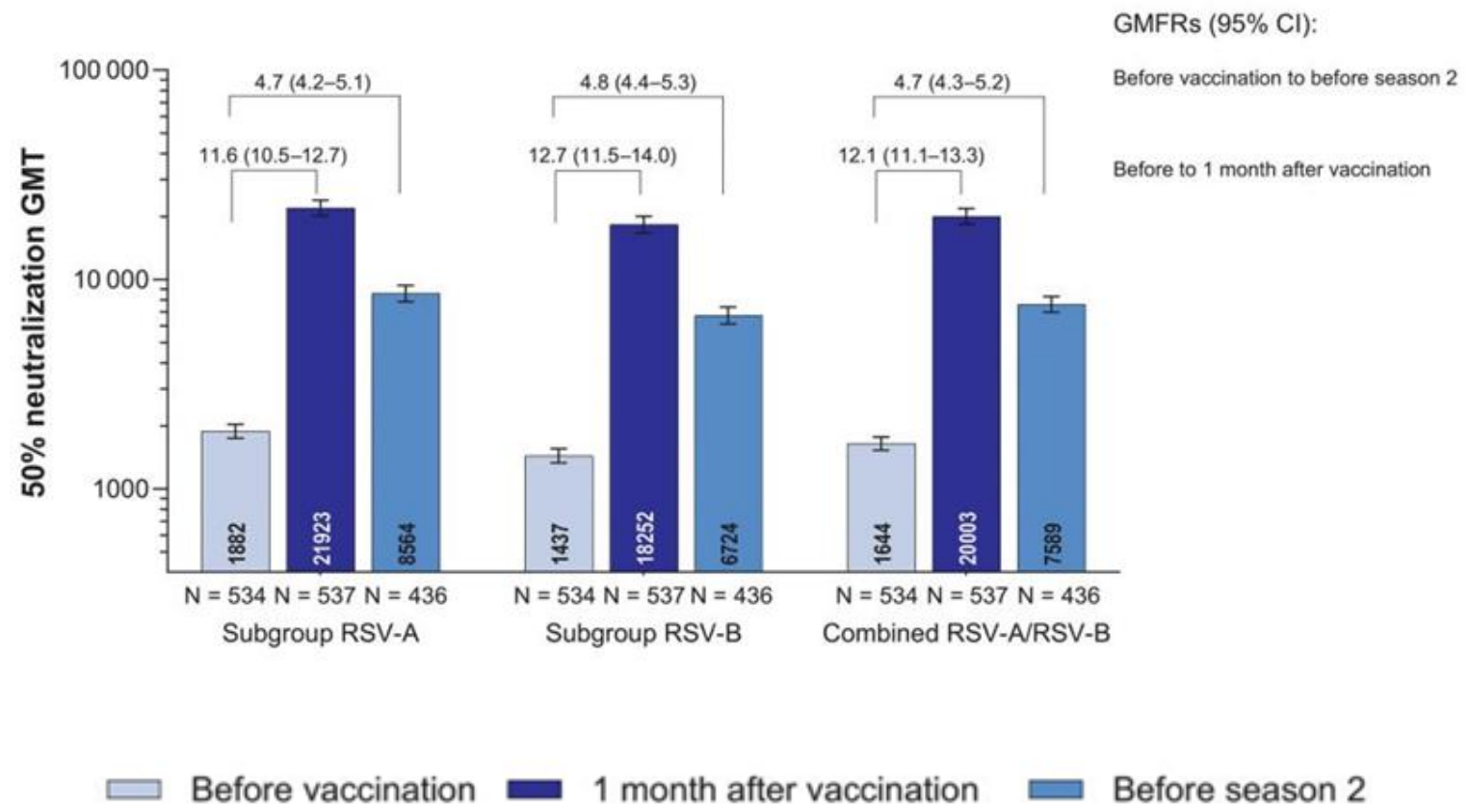
Vaccine efficacy for first episode of RSV-LRTI with ≥3 symptoms in the first and second RSV season overall and stratified by RSV subgroup



RENOIR (Abrysvo)

Immunogenicity subset n = 1151 participants

A



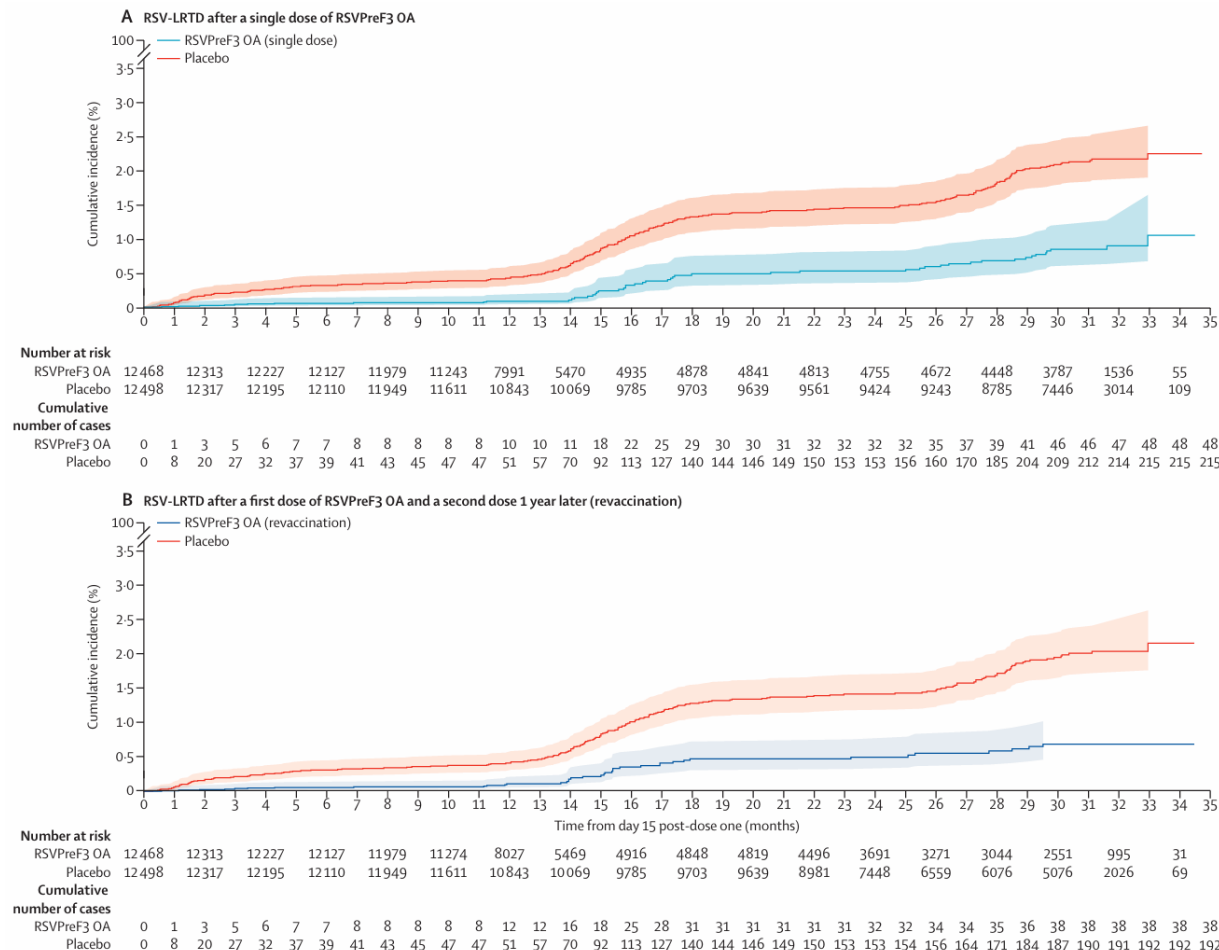
Neutralizing GMTs for the RSVpreF group were substantially increased from before to 1-month post-vaccination for RSV-A and RSV-B and for RSV-A and RSV-B combined

At the preseason 2 visit (occur ring from 8–20 months post-vaccination), neutralizing GMTs decreased but remained substantially higher than baseline.

AReSVi-006 (Arexvy)

- May '21 – May '24
- 24,972 participants
- 12 469 received vaccine, 5000 received a 2nd dose
- Mean age 69.5 years
- 40% had $\geq$ high risk condition

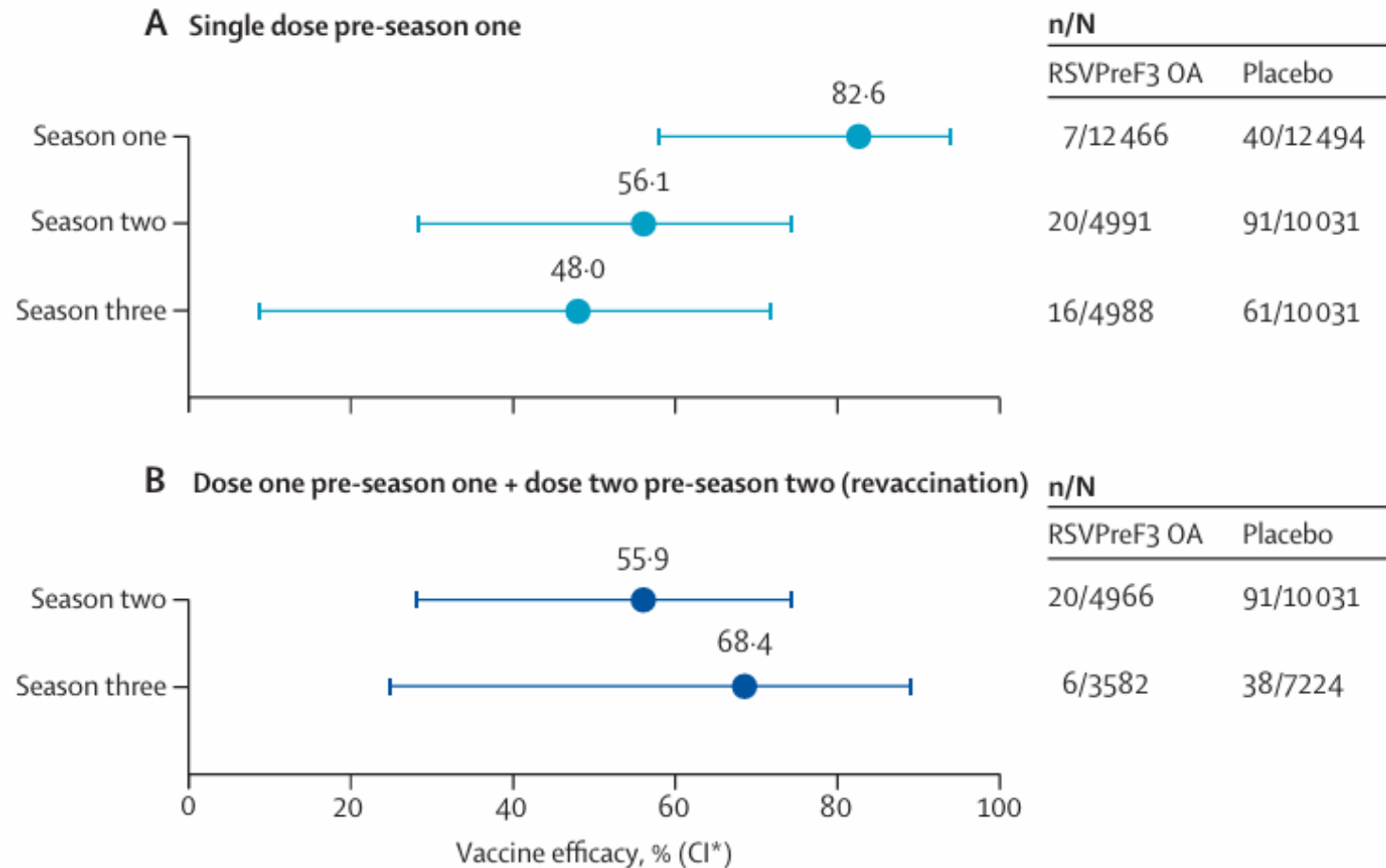
Cumulative incidence of RSV over 3 seasons



Cumulative efficacy of a single RSVPreF3 OA dose in preventing RSV-LRTD over three RSV seasons was 62.9% (97.5% CI 46.7–74.8)

Vaccine efficacy of the revaccination regimen in preventing RSV-LRTD over three RSV seasons post-dose one was shown for RSV-LRTD due to either subtype (67.8% [97.5% CI 51.8–79.1])

AReSVi-006 (Arexvy)



Safety analysis

Walsh. N Eng J Med. 2023

Walsh. Clin Infect Dis. 2026

Papi. N Eng J Med. 2023

Ison. Lancet Resp Med. 2025

Saif-Ur-Rahman. Cochran Data Syst Rev. 2025

Melgar. CDC. 2024

<https://www.tga.gov.au/>

No significant safety concerns identified in RENOIR and AReSVi-006

Cochrane review



- 14 studies (including 5 RCTs)
- No difference in any unsolicited adverse events between RSV prefusion vaccination and placebo in older adults (RR of 1.08 (95% CI 1.04 to 1.12; 3 RCTs, 51, 132 participants; Analysis 1.6).
- No heterogeneity amongst the results (I^2 0%)

Guillan-Barre

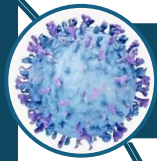
US data

- Estimated excess cases of GBS per 1 million doses of vaccine:
 - Abrysvo = 9
 - Arvexy = 7

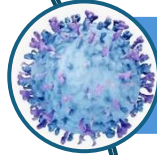
Australia

- Nil cases reported to TGA (as of May 2025)
- GBS included as a risk in PI for both vaccines

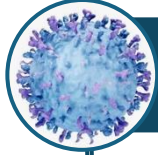
Evidence gaps



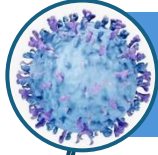
Vaccine efficacy in immunocompromised hosts



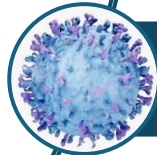
Pediatric RSV vaccination



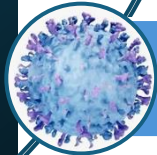
Duration of vaccine efficacy



Optimum timing of revaccination

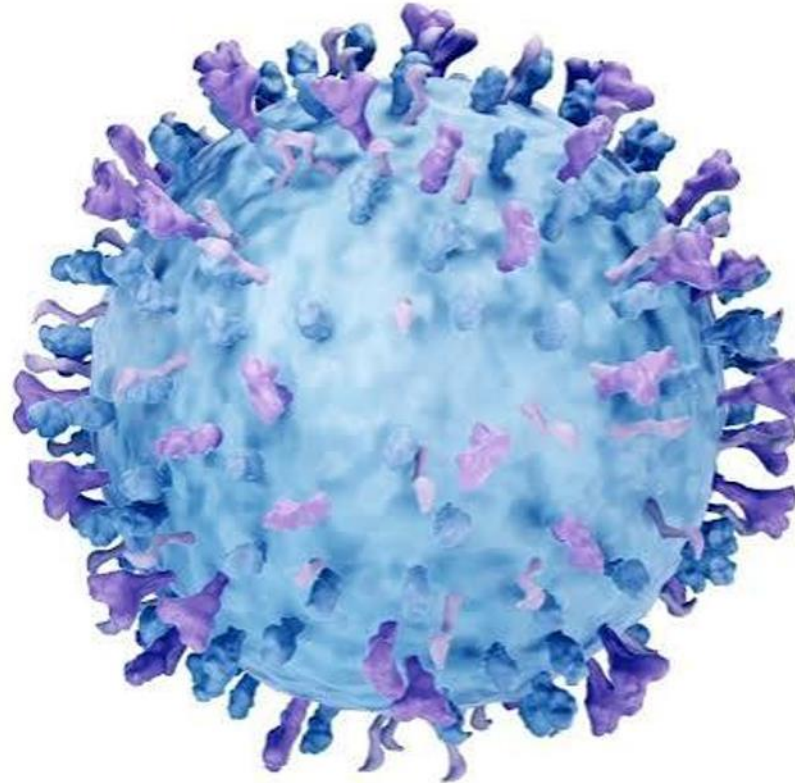


Global, real-world vaccine efficacy



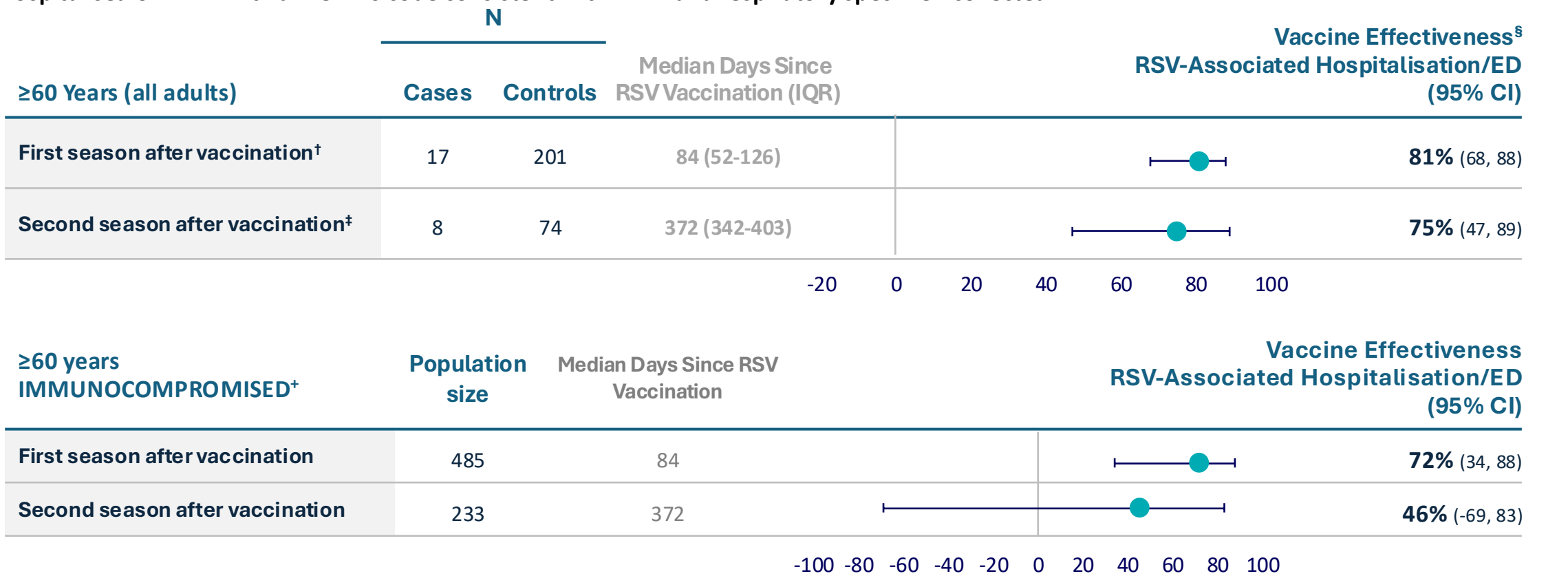
RSV monoclonal antibodies for adults

Thank you



Bivalent RSVpreF vaccine effectiveness in the first and second season after vaccination^{1,*,†} - *All and Immunocompromised Adults*

Retrospective case-control study (N= 2,235; 767 cases, 1468 controls) with test-negative design during first and second RSV season after vaccination (Season 1: 24 November 2023 - 9 April 2024; Season 2: 5 November 2024 - 21 April 2025) in **US adults aged ≥60 years hospitalised or in ED with an ICD-10 code consistent with LRTD and respiratory specimen collected[‡]**



⁺Immunocompromise defined as patients with immunocompromising conditions or treatment inc. leukemia, lymphoma, stem cell and organ transplant, metastatic cancer for full details see Tartof et al. 2026
CI, confidence interval; ED, emergency department; RSV, respiratory syncytial virus; US, United States; LRTD, Lower-respiratory tract disease.
[‡]Respiratory specimens tested with multiplex PCR assay for RSV (either SOC testing or enhanced specimen collection of salvaged swabs that were not positive for SARS-CoV-2 or influenza and not already tested for RSV); [§]Retrospective database study using existing healthcare data; no patients were actively enrolled; [†]First season after vaccination; 2023-2024 season includes those vaccinated October, 2023 to March, 2024 and all unvaccinated with LRTD events in the 2023-2024 season; 2024-2025 season includes those vaccinated April 2024 to March 2025 and all unvaccinated with LRTD events in the 2024-2025 season in the strict analysis population; [†]Includes those vaccinated from October, 2023 to March, 2024 and all unvaccinated with LRTD events occurring during the 2024-2025 RSV season in the strict analysis population; [‡]As described by Gilbert T, et al. 2018.²
1.Tartof, S et al. The Lancet Regional Health - Americas, Volume 60, 2026, 101520; 2. Gilbert T, et al. *Lancet*. 2018;391(10132):1775-1782.

Feedback Survey

Please use the QR code

